

A woman in a bright yellow dress stands on a wooden platform overlooking a pond. The background is a lush tropical garden with tall palm trees and dense foliage. The scene is misty, and the woman's reflection is visible in the water.

# LĀNA‘I FESTIVE GUIDE

2023

SEŦSEI LĀNA‘I  
A FOUR SEASONS RESORT

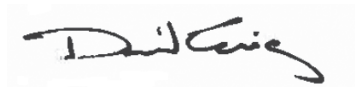


## We look forward to welcoming you and your 'ohana to Lāna'i this festive season to enjoy time together this year.

On our authentic, unspoiled island, we'll help you make your time as relaxed or busy as you wish — experiencing Hawai'i's exclusive island adventure. Learn about our island's culture and history through our Love Lāna'i programs or explore the island through an array of activities, many managed by Four Seasons. Calibrate your well-being or find tranquility with relaxing spa treatments or supportive instruction from the Sensei Guide team. Enjoy championship golf, horseback riding, off-roading, hiking, snorkeling, scuba diving and beachcombing on some of Hawai'i's most pristine beaches.

We've created this festive planning guide to help you and your family make the most of your festive season on Lāna'i. Enjoy dining, cultural and adventure experiences at both properties. Please note that some experiences are reserved for resort-specific guests; inquire for additional information. We suggest you list out your preferred dining options and recreation activities for each day. Then contact us to make reservations and create your own personalized itinerary.

I look forward to welcoming you in person...



David Emig, General Manager

For more information about the festive season, feel free to contact us.

Sensei Lāna'i, A Four Seasons Resort  
Retreat Host: Call 4500 from your room phone  
Message via the Four Seasons Mobile App

DOWNLOAD

Download the Four Seasons  
Mobile App to stay connected

LĀNA‘I

ALOHA

SPA & WELLNESS

DINING

ADVENTURES

SPORT

ART, CULTURE  
AND CITY

INSTAGRAM

FACEBOOK

LOVELANAI.COM





LĀNA‘I

ALOHA

SPA & WELLNESS

DINING

ADVENTURES

SPORT

ART, CULTURE  
AND CITY



Lāna‘i is a place overflowing with life. By strengthening our primal relationship to the universe, to nature, to the land and the sea, we learn to thrive in a state of lōkahi (harmony), where health, healing and vibrancy begin to flow.

INSTAGRAM

FACEBOOK

LOVELANAI.COM

LĀNA‘I

ALOHA

SPA & WELLNESS

DINING

ADVENTURES

SPORT

ART, CULTURE  
AND CITY

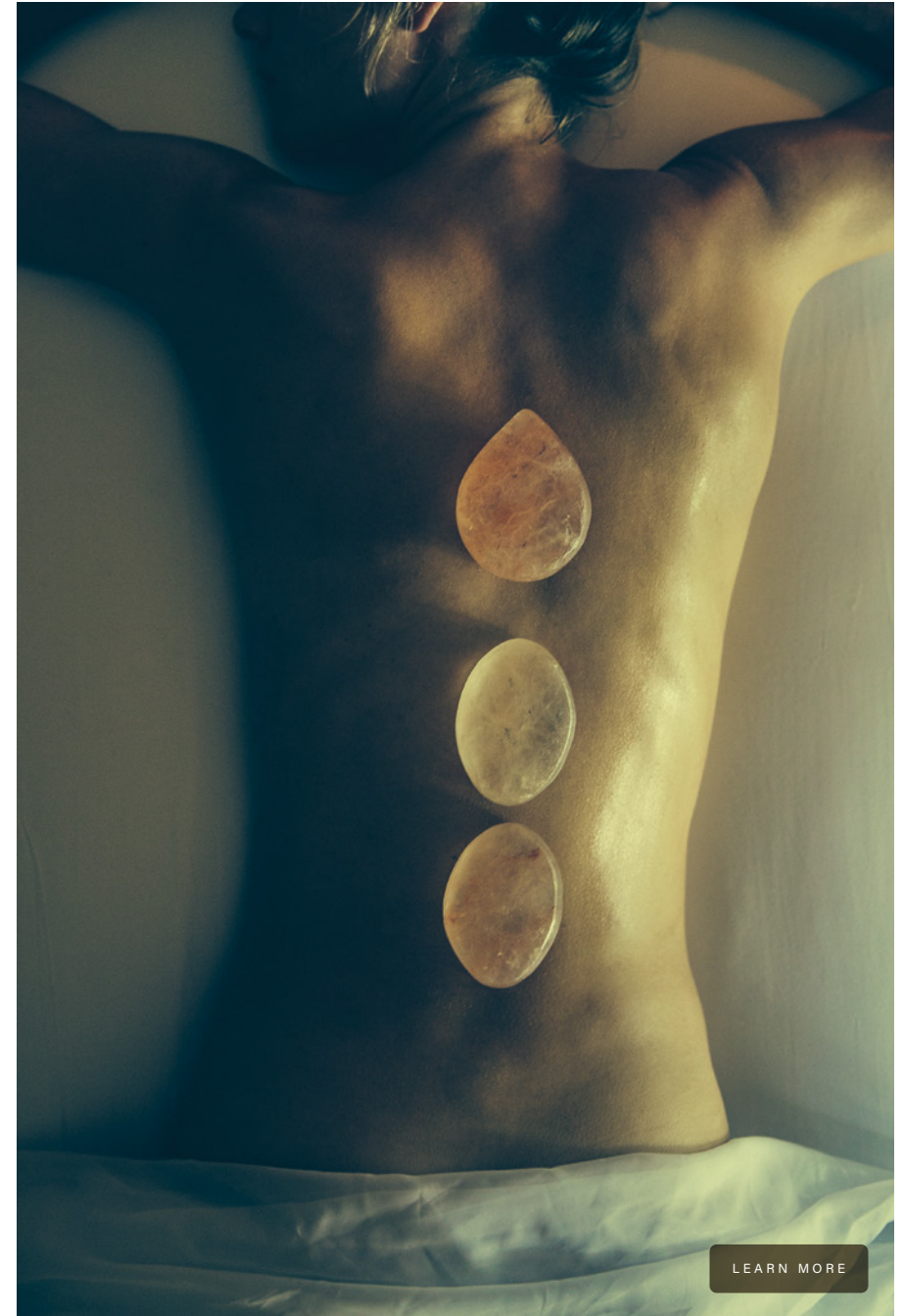
INSTAGRAM

FACEBOOK

LOVELANAI.COM



Within the seclusion of your own spa hale, restorative treatments and invigorating bodywork elevate your physical, emotional and spiritual state of being. Relax in spacious surroundings that intertwine with the natural environment, and move effortlessly between amenities such as outdoor soaking pools, infrared sauna and steam shower.



[LEARN MORE](#)

LĀNA‘Ī

ALOHA

SPA & WELLNESS

DINING

ADVENTURES

SPORT

ART, CULTURE  
AND CITY

INSTAGRAM

FACEBOOK

LOVELANAI.COM

## SPA AND WELLNESS EXPERIENCES

### SPA & WELLNESS

At Sensei, we help you fuel your passions and connect with your intentions. Spend every moment with us growing well. Discover seasonal wellness workshops and experiences along with relaxing treatments, adventures and more.

### WELLNESS AMENITIES

If you're in an outdoorsy mood, take a dip in our outdoor pool, practice yoga in our light-filled yoga pavilion or on a lakeside yoga platform, discover our 10 heated soaking tubs scattered amid the trees and flowers of our onsen garden, or perfect your short game on our immaculately landscaped 18-hole putting course. If you're in the mood for a more low-key day, pamper yourself at our salon or explore our on-site shops. Programs and classes are exclusive to Sensei Lānaʻi Resort Guests; inclusions vary by package.

### PRIVATE WELLNESS CONSULTATIONS

To guide you along your journey, meet with our highly trained Sensei Guides and experienced wellness practitioners to deepen your connection to your personal goals. Ranging from yoga and fitness, to meditation, mindset and nutrition, our integrated team leads with heartfelt intention to offer supportive guidance along the way.

[LEARN MORE](#)

### SALON SERVICES

Located just above the great hall, a contemporary salon sets the tone for sheer relaxation. Select from classic beauty treatments such as hair color, cuts and styles, manicures and pedicures, that help you look and feel your best. Explore our salon menu of experiences.

[LEARN MORE](#)

### TOAST TO THE NEW YEAR: A COUPLES SPA RITUAL

Step away from the hustle of the holidays and trade in the fancy soirées for a restorative and luxurious celebration for two in a private spa hale. With the sole focus of your evening on wellbeing of the body and mind, and cultivating deep connection with your loved one, this intimate couples experience includes a 60-minute couples massage, 90 minutes of spa hale time, a festive Champagne toast and dessert tasting, and exclusive take-home linen robes and body oils. Surrounded by lush tropical gardens under a canopy of stars, your spa hale amenities include a private infrared sauna, steam shower, Ofuro bath, outdoor rain shower and soaking pools — inspiring you to make it a truly indulgent and relaxing evening in one of the most peaceful and serene settings to celebrate in the world.

Exclusively Offered for 3 Nights Only:  
December 29, December 30, December 31

Offered two times per night:  
7:00 PM – 9:30 PM and 10:00 PM – 12:30 AM



## WORKSHOPS AND CLASSES

## COMPLIMENTARY WORKSHOPS

THE GIFT OF GRATITUDE:  
A JOURNALING WORKSHOP

Learn and practice the art of gratitude through mindfulness and creative expression in this journaling workshop. Begin with a guided meditation to relax your mind, ground into your body, and tap into your heart, followed by a group discussion around what it means to live with gratitude and the importance of establishing a journaling practice.

MINDFUL CRAFTSMANSHIP:  
A MALA MAKING WORKSHOP

Discover the art of mala making by intentionally designing your own mala necklace in the company of others, and explore its significance in enhancing your mindfulness and meditation practices.

MAP YOUR YEAR: VISION BOARD  
WORKSHOP

In this hands-on vision boarding workshop, you will use creative art expression and guided meditation to help you gain clarity on your intentions and renew your focus in the year ahead.

Check the weekly activity calendar to learn more about Sensei's complimentary workshops and register with the Experience Desk.

Visit Sensei calendar online:

LEARN MORE

## COMPLIMENTARY CLASSES

START ANEW: SUNRISE YOGA  
& WALKING MEDITATION

Greet the first sunrise of the year with a gentle indoor yoga flow and guided walking meditation around Kō'ele's serene pond.

## HEARTFELT GRATITUDE MEDITATION

In this heartfelt guided meditation, take time to reflect on what you are thankful for, and explore simple mindfulness practices that you can use in your everyday life to cultivate more gratitude.

TIS THE SEASON:  
TOTAL BODY STRENGTH CIRCUIT

Learn the fundamentals of strength training and how to safely increase resistance using weights in order to promote muscle growth, endurance and overall strength. This class uses traditional resistance training methodology to develop muscular fitness by exercising a specific muscle or muscle group against external resistance, including free-weights and your own bodyweight.

## WINTER WAKE-UP: THE DAILY WARM UP

This 30-minute movement offering invites you to adopt a morning routine that gently awakens your body, stimulates your brain and prepares you to take on the day. Discover what feels best for you in this adaptable mobility class, aimed at helping you activate and stretch more intuitively.

HOLIDAY HUSTLE:  
CARDIO CONDITIONING

Improve your overall fitness level by training in your anaerobic heart rate zone in combination with proper breath training to elicit the greatest benefit to your heart health. This advanced conditioning class guides you to improve your cardiovascular health by training at your anaerobic threshold for a series of controlled intervals, and teaches you how to safely push your own limits while honoring the critical component of recovery.

PEACE AND PRESENCE:  
GETTING STARTED WITH MINDFULNESS  
THIS HOLIDAY SEASON

Learn how to bring mindful awareness to your inner experiences and everyday life. Discover how mindfulness can enrich your life, help you navigate challenges with grace, and find peace in the midst of it all.

## BACK TO BALANCE: HOLIDAY RESET

Challenge your ability to maintain your center of gravity above your base of support. Proficient balance is important because it enables us to stabilize, accelerate, change direction and reduce our risk of injury. This invigorating total body class exposes you to dynamic situations that train you to adapt to various circumstances and ground surfaces.

SOOTHE HOLIDAY STRESS:  
DEEP RELAXATION

Explore an evidence-based method that encourages rejuvenation and supports better sleep. The modern world's busy pace often leaves little time to truly relax. This guided mindfulness practice invites you to nourish yourself with kindness and dissolve patterns of tension by sinking into deep relaxation.

FESTIVE ENERGIZING FLOW:  
ADVANCED VINYASA

Vinyasa links breath and movement into an uninterrupted flow of postures. Challenging you both physically and mentally, this practice focuses on biomechanics, breathwork and creative sequencing. Build strength, flexibility, balance and breath capacity in this faster-paced class featuring mindful sequencing of advanced postures with conscious transitions.

Check the weekly activity calendar in the FS Mobile App for the full schedule of complimentary classes and register with the Experience Desk.



LĀNA‘I

ALOHA

SPA & WELLNESS

DINING

ADVENTURES

SPORT

ART, CULTURE  
AND CITY

INSTAGRAM

FACEBOOK

LOVELANAI.COM



LĀNA'I

ALOHA

SPA & WELLNESS

DINING

ADVENTURES

SPORT

ART, CULTURE  
AND CITY

INSTAGRAM

FACEBOOK

LOVELANAI.COM

*He 'ai leo 'ole,  
he 'ipuka hāmama.*

Food unaccompanied by a voice,  
a door always open.



LĀNA‘I

ALOHA

SPA & WELLNESS

DINING

ADVENTURES

SPORT

ART, CULTURE  
AND CITY

INSTAGRAM

FACEBOOK

LOVELANAI.COM

Like everything Lāna‘i, the island’s culinary artistry is expressed purely with true aloha, lovingly crafted from local ingredients as multilayered as our language.



LĀNA‘I

ALOHA

SPA & WELLNESS

DINING

ADVENTURES

SPORT

ART, CULTURE  
AND CITY

INSTAGRAM

FACEBOOK

LOVELANAI.COM

## DINING EVENTS AND MUSIC

### DINING EVENTS

#### FESTIVE HOURS AT MALIBU FARM

Malibu Farm will be open for dinner during our festive period from December 21, 2023 to January 2, 2024, starting at 5:30 PM (last seating at 8:30 PM, closed December 29th).

#### CHRISTMAS EVE DINNER AT FOUR SEASONS RESORT LĀNA‘I

Celebrate Christmas with a three-course holiday tasting menu, with select à la carte options available.  
December 24, 2023, 5:00 PM – 9:30 PM (Last seating)

#### CHRISTMAS EVE DINNER AT SENSEI LĀNA‘I, A FOUR SEASONS RESORT

Toast the season with a multi-course tasting menu at Sensei by Nobu.  
December 24, 2023, 5:00 PM – 9:30 PM

#### NEW YEAR’S EVE DINNER AT FOUR SEASONS RESORT LĀNA‘I

Kick off the festivities during our family-style five-course New Year’s Eve dinner.  
December 31, 2023, 5:00 PM – 9:30 PM

#### NEW YEAR’S EVE DINNER AT SENSEI LĀNA‘I, A FOUR SEASONS RESORT

Savor a New Year’s Eve tasting menu at Sensei by Nobu. Vegetarian menu available.  
December 31, 2023, 5:00 PM – 9:30 PM

#### NEW YEAR’S EVE DINNER AT FOUR SEASONS RESORT LĀNA‘I

Experience the flavourful spirit of Chef Matsuhisa at Nobu Lana’i with a special multi-course Omakase menu.  
December 31, 2023, 5:00 PM – 9:30 PM

#### NEW YEAR’S EVE CELEBRATION AT LŪ‘AU GARDENS

Ring in the New Year with live performances, dancing, fireworks and a champagne toast at midnight at the Lū’au Gardens.

#### HANUKKAH

Join us for Latkas and the Lighting Of The Menorah each evening from December 7-15, 2023 at both Resorts.

#### SENSEI BY NOBU COOKING CLASS

Reserve your spot with Chef Marlowe Lawenko for a demonstration of some of Nobu’s classics and new favourites such as Black Cod Miso and Kholrabi Salad. Reservations required, max 6 people.  
December 24 and 27, 2023

#### EVENING S’MORES

Go traditional with marshmallows, chocolate and grahams or mix up a personalized version with flavored marshmallows, white and dark chocolate bark, cookies, fruits and more. Pair with Baileys hot chocolate or an espresso martini for an indulgent and interactive treat. Balance out the sweet with a savory charcuterie and cheese board add-on.

### NO-SHOW/CANCELLATION POLICY

Our festive dining policy is in effect from Thursday, December 21, 2023, to Tuesday, January 2, 2024. There is a 24-hour cancellation policy for all festive dinner reservations.

### WINE POLICY

We offer an award-winning wine list that evolves regularly, based on current trends and guest preferences. If your preferred wine is not included on our wine list, you may bring that wine into our restaurants. Please feel free to contact us to see if your selection is available. A corkage fee of USD 65 is applicable per bottle.

### LIVE MUSIC

#### LĀNA‘I CITY BAR AND GRILLE

December 22: Dustin Park  
December 23: Melaniie Duo  
December 24: Izik Duo  
December 25: Dustin Park (11:00 AM - 2:00 PM)  
December 27: Maile Duo  
December 28: Sienna  
December 29: Melaniie Duo  
December 30: Thunder  
December 31: Maile Duo  
January 1: Chardonnay (11:00 AM - 2:00 PM)

#### FOUR SEASONS RESORT LĀNA‘I

December 22: Dre Scot/Lina Hawaiian Trio  
December 23: JROQ  
December 24: Dustin Park  
December 25: Melaniie Duo  
December 26: Izik Duo  
December 27: Thunder  
December 28: Maile Duo  
December 29: Sienna  
December 31: Chardonnay  
January 1: Thunder

#### SENSEI LĀNA‘I, A FOUR SEASONS RESORT

December 24: Dre Scot

#### LĀNA‘I OCEAN THEATER / LŪ‘AU GROUNDS

December 30: Dre Scot & Friends  
December 31: West Coast (Lū’au Grounds, 9:00 PM - 1:00 AM)



LĀNA‘Ī

ALOHA

SPA & WELLNESS

DINING

ADVENTURES

SPORT

ART, CULTURE  
AND CITY

INSTAGRAM

FACEBOOK

LOVELANAI.COM





LĀNA‘I

ALOHA

SPA & WELLNESS

DINING

ADVENTURES

SPORT

ART, CULTURE  
AND CITY

INSTAGRAM

FACEBOOK

LOVELANAI.COM



LĀNA‘I

ALOHA

SPA & WELLNESS

DINING

ADVENTURES

SPORT

ART, CULTURE  
AND CITY



Channel your inner warrior among the cooling uplands of Kō‘ele’s green heart. Whether zip lining over Kaiholena Gulch or traversing across aerial obstacles, come experience the beauty and diversity of Lāna‘i while challenging your own personal limits.

INSTAGRAM

FACEBOOK

LOVELANAI.COM

LĀNA‘I

ALOHA

SPA & WELLNESS

DINING

ADVENTURES

SPORT

ART, CULTURE  
AND CITY

INSTAGRAM

FACEBOOK

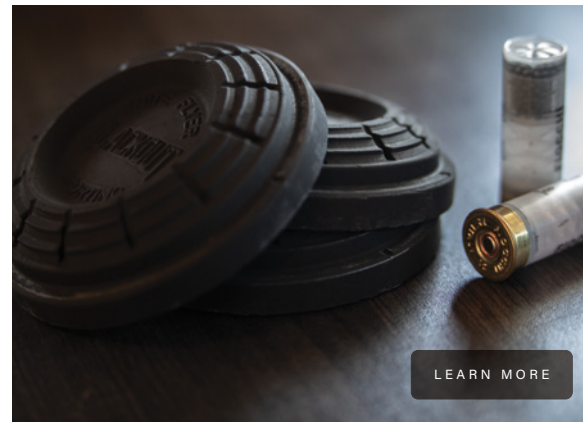
LOVELANAI.COM

Pursue the ancient sport of mastering bow and arrow with our seasoned instructors, taking aim at traditional archery targets and 3D animal targets, such as rhinos, bears, elk, boar and even T-Rex.



[LEARN MORE](#)

Elevated within Lāna‘i’s forested highland and accessible by way of winding golf cart paths, our 14-station shooting course challenges all ages with sporting clays launched to stimulate the flight patterns of game birds and running rabbits.



[LEARN MORE](#)

LĀNA‘I

ALOHA

SPA & WELLNESS

DINING

ADVENTURES

SPORT

ART, CULTURE  
AND CITY

INSTAGRAM

FACEBOOK

LOVELANAI.COM



[LEARN MORE](#)



[LEARN MORE](#)

The warm Pacific waters around our protected island offer magical spots, like calm Hulopo‘e and Kaunolū Bays, prized for swimming, diving and snorkeling.

Sunset sails, fishing expeditions, and whale and dolphin watching on our fleet of luxury boats are transformational experiences off the coast of Lāna‘i, where the surrounding Hawaiian Islands shelter us and provide dramatic vistas.

LĀNA‘I

ALOHA

SPA & WELLNESS

DINING

ADVENTURES

SPORT

ART, CULTURE  
AND CITY

INSTAGRAM

FACEBOOK

LOVELANAI.COM

*Momoe aku  
i mua.*

Move ahead with determination.



LEARN MORE

LĀNA‘I

ALOHA

SPA & WELLNESS

DINING

ADVENTURES

SPORT

ART, CULTURE  
AND CITY

INSTAGRAM

FACEBOOK

LOVELANAI.COM

## LOVE LĀNA‘I EXPERIENCES

### EXPLORE

#### WHALE WATCH

From late December to mid-March, Lāna‘i’s warm waters welcome humpback whales. See the stunning marine mammals in their natural habitat during a whale-watching boat excursion and listen to the whales sing with our onboard hydrophone.

#### LĀNA‘I OCEAN SPORTS

Journey through the ancient majesty of Lāna‘i by sea in the personalized care of our local captains, crew and luxury fleet.

Lāna‘i Ocean Sports activities:

- Scuba Diving
- Lāna‘i Snorkel Experience
- Sunset Sail Experience
- Deep Sea Fishing Charters
- Private Charters

#### KILO HŌKŪ EXPERIENCE

Gaze up at the stars while learning about the history of Pacific voyaging, traditional wayfinding, native traditions, and an overview of astronomy as it relates to Hawai‘i and Hawaiian culture. The Lāna‘i Observatory features a state-of-the-art, fully automated 1-meter class telescope providing an enhanced astronomical experience.

#### HIKING

The island’s contrasting landscapes offer natural motivation for exploring on foot. Take self-guided walks along short trails or test your endurance during more strenuous climbs to stunning vistas.

#### BIKING

Explore scenic Lāna‘i on two wheels. Join guides from the Lāna‘i Adventure Park on electric Quietkat mountain bike tours around the island. Helmets and backpacks provided. Rent Kona e-bikes to get around the paved roads of Lāna‘i City or hit the back roads for red-dirt adventure.

#### LĀNA‘I 4X4

With only 30 miles (48 km) of paved roads and no traffic lights, Lāna‘i is ideal for off-roading through the island’s incredibly diverse landscapes. Rent a Jeep, and hit the dirt roads at your own pace.

#### HORSEBACK RIDING

Escape on horseback into the hills surrounding Sensei Lāna‘i, once the center of ranching operations on the island and explore wooded valleys and trails. Custom tours, carriage rides and private lessons also available.

#### RIFLE EXPERIENCE

Come join us for plinking (informal shooting) at steel flip targets at our 22-rifle gallery. Recalling turns at carnival shooting and Midway Arcade, our 22 semi-auto rifle range offers close range excitement for both advance and first-time shooters alike.

#### ARCHERY AND SPORTING ARROWS

Set your sight on 3D animal targets such as turkey, deer, T-Rex, ram or boar or take aim at traditional archery targets, from 5 to 25 yards away at the archery course. Take an archery lesson with our expert instructors and hone your skills in the wooded uplands as you try to hit the bull’s eye.

#### SPORTING CLAYS

Discover our state-of-the-art 14-station shooting course, providing an exciting experience for both novice and experienced shooters. Clays are sprung in various directions and angles to simulate the flight patterns of different game birds, as well as rabbits.

#### INTRODUCTORY PISTOL LESSON

Delve into a world of precision shooting. Whether you’re a curious beginner or a seasoned enthusiast, our expert instructors will ensure you leave with a deeper appreciation for the art of shooting and a newfound confidence in handling pistols responsibly.

For information on these experiences visit:

LEARN MORE



LĀNA‘Ī

ALOHA

SPA & WELLNESS

DINING

ADVENTURES

SPORT

ART, CULTURE  
AND CITY

INSTAGRAM

FACEBOOK

LOVELANAI.COM





LĀNA‘I

ALOHA

SPA & WELLNESS

DINING

ADVENTURES

SPORT

ART, CULTURE  
AND CITY

INSTAGRAM

FACEBOOK

LOVELANAI.COM



LĀNA‘I

ALOHA

SPA & WELLNESS

DINING

ADVENTURES

SPORT

ART, CULTURE  
AND CITY

INSTAGRAM

FACEBOOK

LOVELANAI.COM



## MĀNELE GOLF COURSE

Built on a lava outcropping high above the Pacific Ocean, Mānele, our 18-hole Jack Nicklaus Signature Golf Course, is a spiritual playing experience renowned for its shot quality and devoid of distractions other than ocean views on every hole.

LĀNA'I

ALOHA

SPA & WELLNESS

DINING

ADVENTURES

SPORT

ART, CULTURE  
AND CITY

INSTAGRAM

FACEBOOK

LOVELANAI.COM



LEARN MORE

LĀNA‘I

ALOHA

SPA & WELLNESS

DINING

ADVENTURES

SPORT

ART, CULTURE  
AND CITY

INSTAGRAM

FACEBOOK

LOVELANAI.COM

## SPORT EXPERIENCES

Golf Course hours: 7:30 AM – 6:00 PM  
1st tee time: 8:00 AM  
Course Closed: 6:00 PM

Golf Shop Hours: 7:00 AM – 6:00 PM  
Practice Range: 7:00 AM – 5:00 PM  
Sunday 7:00 AM – 4:00 PM  
Wednesday 7:00 AM – 2:00 PM

Please call the golf shop at 808-565-2222 or  
chat via Four Seasons App for all tee times.

## GOLF EVENTS

### DISC GOLF

Join us as our practice facility is converted into a 6-hole Frisbee Golf Course. Perfect for families and players of any ability. Complimentary; equipment is provided.  
December 24 and 31, 2023, 4:00 PM – 5:30 PM

### PIZZA OVEN & ROCK N RANGE

Join us for lunch and tips from the Mānele Golf Course's golf professionals.  
December 23 and December 30, 2023, 11:00 AM – 1:00 PM

### MERRY MERRY MINI-MĀNELE

Come see the Mānele Golf Driving Range transform into Mini-Mānele, offering guests a complimentary 6-hole, par-3 course. Enjoy stunning ocean views, listen to music and hit a few balls with friends and family. December 20 and 27, 2023 and January 3, 2024, 3:00 PM - 5:00 PM

### WINE SOCIAL AND GOLF SHOP SALE

December 23, 2023, 11:00 AM – 1:00 PM

### HIT THE GREEN CONTEST

Feeling lucky on the greens? Join us as we celebrate Mānele Golf Course's 30th anniversary and stop at our Signature Hole #12 for a chance to win a special prize.  
December 25, 2023, 9:00 AM – 2:00 PM

### OCEAN NINE

Head out to Mānele Golf Course in the late afternoon and play the ocean back nine. Enjoy a specialty cocktail either at check-in or delivered on the course. Complimentary club rentals available. Reservations required.  
Daily: after 3:00 PM

## MĀNELE CLIFFS TOUR

Enjoy a tour of the course featuring stunning ocean views, a complimentary cocktail and photo. 24-hour advance reservations required. December 22 and 29, 2023, 5:30 PM – 6:15 PM

## GOLF LESSONS

### GOLF 101

Each two-hour session includes instruction on every aspect of the game, and an introduction to golf etiquette and basic rules. You'll also play one hole on the course.  
120-minute Golf 101 Session

### INDIVIDUAL OR GROUP LESSONS

30-minute Junior Lesson  
30-minute Adult Lesson  
60-minute Adult Lesson  
120-minute Playing Lesson  
60-minute session using the TrackMan Golf Analyzer

### TRACKMAN GAPPING SESSION

Hit every club in your bag to develop a better understanding of how far each club goes.

Custom lesson packages available upon request. Fine-tune your game, learning from our certified golf professionals on state-of-the-art equipment. Reservations are required for all lessons.

### CLINICS – 30 MIN

#### Short Game Clinic

December 21, 28, 2023 and January 4 2024, 10:30 AM – 11:00 AM

#### Putting Clinic

December 22, 29, 2023, and January 5, 2024, 10:30 AM – 11:00 AM

#### Full Swing Clinic

December 23, 30, 2023 and January 6, 2024, 10:30 AM – 11:00 AM

LĀNA‘Ī

ALOHA

SPA & WELLNESS

DINING

ADVENTURES

SPORT

ART, CULTURE  
AND CITY

INSTAGRAM

FACEBOOK

LOVELANAI.COM

## SPORT EXPERIENCES

### TENNIS

#### PRIVATE TENNIS LESSONS AND HITTING SESSIONS

Daily: 7:00 AM – 6:00 PM

#### TENNIS BALL MACHINE

Daily: 8:00 AM – 5:00 PM

Play against the ball machine and enjoy complimentary use of racquets and court shoes. Shirts and court shoes required. Court rental fee included. Reservations are required.

#### PICKLEBALL

Guests can try their hand at pickleball, a racquet sport combining elements of badminton, tennis and table tennis. Shirts and court shoes required. Private lessons and group classes available. Reservations are required.

#### WEEKLY CLASSES

Starter pickleball, cardio tennis, and more.  
Check online calendar for schedule.

[LEARN MORE](#)

LĀNA‘I

ALOHA

SPA & WELLNESS

DINING

ADVENTURES

SPORT

ART, CULTURE  
AND CITY

---

# ART, CULTURE AND CITY

HOLOHOLO EXPLORATION

HO‘OLAUNA ARTS & CRAFTING

FINE ART & SCULPTURE TOUR

INSTAGRAM

FACEBOOK

LOVELANAI.COM

LĀNA‘I

ALOHA

SPA & WELLNESS

DINING

ADVENTURES

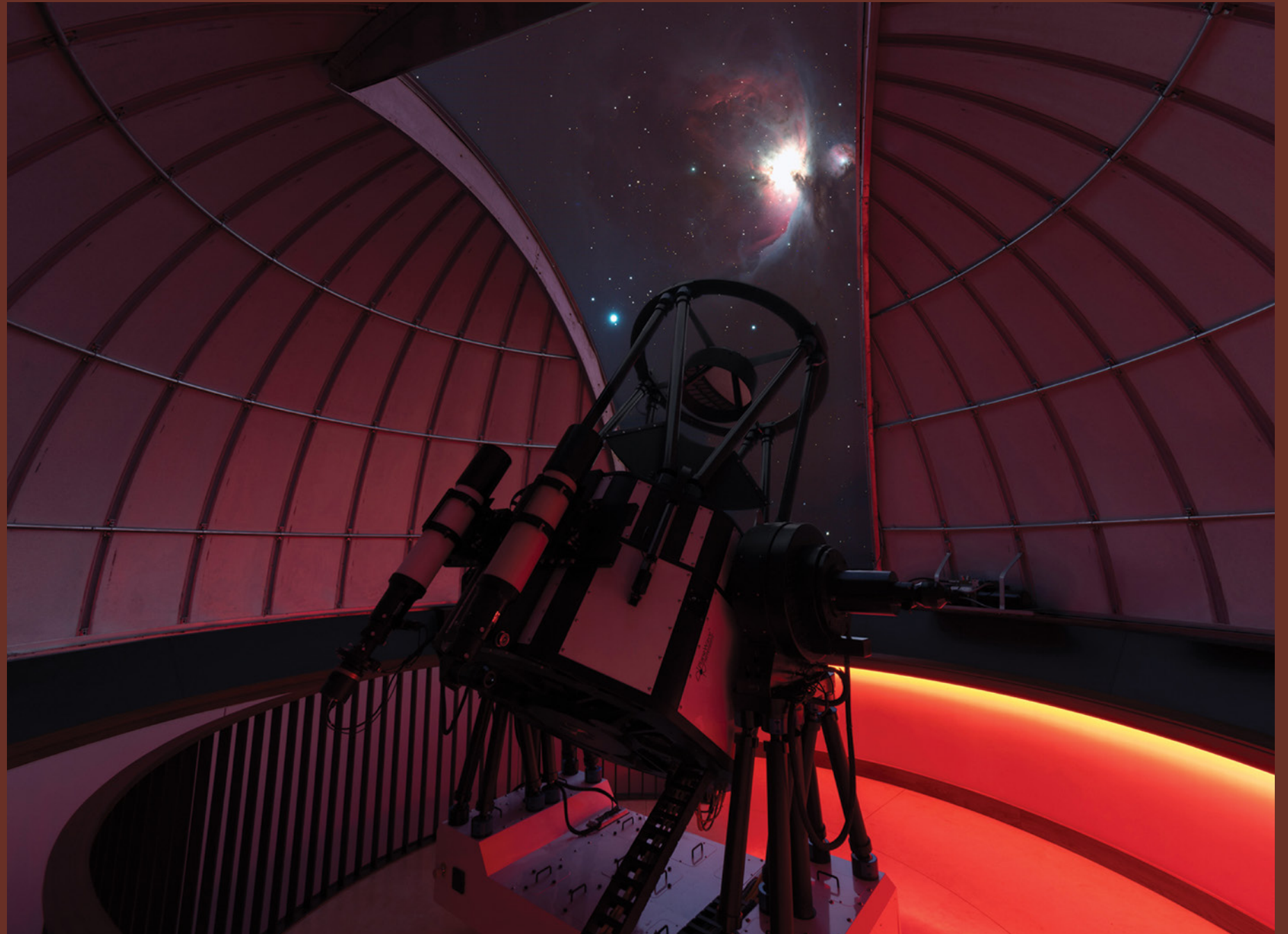
SPORT

ART, CULTURE  
AND CITY

INSTAGRAM

FACEBOOK

LOVELANAI.COM



LĀNA'I

ALOHA

SPA & WELLNESS

DINING

ADVENTURES

SPORT

ART, CULTURE  
AND CITY

INSTAGRAM

FACEBOOK

LOVELANAI.COM

*Hea aku mākou,  
e o mai 'oe!*

We call to you, now you respond!





Emily Young  
*Cautha*  
2012  
Clastic onyx



[LEARN MORE](#)

Our carefully curated collection of fine art and sculpture rests gently within the island's inner gardens and lobbies, intriguing and awakening the creative spirit at every turn. Encounter voluptuous bronze sculptures, surrealist stone figures and vivid canvases of 1930's Hawai'i, mindful of the mana (life force) of Lāna'i or join a weekly art walk to tour the grounds.

LĀNA‘Ī

ALOHA

SPA & WELLNESS

DINING

ADVENTURES

SPORT

ART, CULTURE  
AND CITY

INSTAGRAM

FACEBOOK

LOVELANAI.COM



LĀNA'I

ALOHA

SPA & WELLNESS

DINING

ADVENTURES

SPORT

ART, CULTURE  
AND CITY

INSTAGRAM

FACEBOOK

LOVELANAI.COM



Our central highlands are home to one town, Lāna'i City, offering a rare window into the island's plantation past. Host to colorful mom-and-pop shops, friendly cafés, fine art galleries, fresh markets and cultural landmarks.

LĀNA‘I

ALOHA

SPA & WELLNESS

DINING

ADVENTURES

SPORT

ART, CULTURE  
AND CITY

INSTAGRAM

FACEBOOK

LOVELANAI.COM

## THE LEI OF THE LAND

### EXPERIENCES

#### PRIVATE HULA LESSONS

Discover the art and traditions of native Hawaiian hula, with the opportunity to learn basic steps, as well as a beginner's intro and choreography to a simple song.

For information on these experiences visit:

[LEARN MORE](#)

#### KALO CULTURAL EXPERIENCE

This interactive tour benefits the Lāna‘i Cultural and Heritage Center (LCHC). Visit a Hawaiian fishing village near Hulopo‘e Beach. Plant taro, a key staple, in our Resort garden. Then, head to Lāna‘i City for a private museum tour of Lānai's heritage, including the ranching and plantation eras.

#### HOLOHOLO ISLAND TOUR

Explore the beautiful island of Lāna‘i. Go off-roading on a guided excursion, go shoreline fishing and net throwing or delve into our island history on a customized Cultural Tour.

#### HO‘OLAUNA HAWAIIAN CRAFTS

Learn more about the rich variety of Hawaiian crafts and culture with a complimentary daily program including hula, ‘ukulele, lauhala weaving, lei making, herbal healing, oli (chants) and more.

#### CULTURAL ARTS PRESENTATION

The celebration of the lighting of the torches commemorates the passing of another day and acknowledges the sun's long journey across the sky. Traditional mele (chants), hula, and music are shared as torches are lit and an evening of good food and stories begins. Located at Four Seasons Resort Lāna‘i.

#### LĀNA‘I TALK STORY

Take a seat, learn about the island's unique history and culture and talk story with our Love Lāna‘i ‘ohana (family).

LĀNA'I

ALOHA

SPA & WELLNESS

DINING

ADVENTURES

SPORT

ART, CULTURE  
AND CITY

INSTAGRAM

FACEBOOK

LOVELANAI.COM



*An Island Sanctuary like no other*

To know Lāna'i is to love Lāna'i. We ask only that you be in the right spirit to listen, to learn and to respect the island's gifts that are so readily available to our guests. Follow your passions beyond your comfort zone and feel the aloha spirit of Lāna'i locals as they share the honored rituals of our forefathers. Our island sanctuary awaits your arrival. We joyfully prepare to welcome you.

LOVELANAI.COM